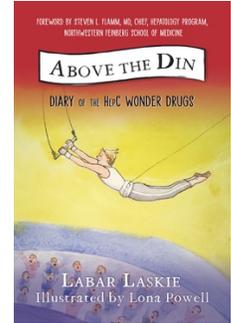


Contact: Labar Laskie
Email: mlabar59@gmail.com
Phone: 847-682-3604



FOR IMMEDIATE RELEASE

ABOVE THE DIN: Diary of the HepC Wonder Drugs

A madcap adventure through alternative treatments and extreme sports!

Labar Laskie’s graphic memoir “Above the Din: Diary of the HepC Wonder Drugs” begins the day she takes her first pills – Sovaldi + Olysio – the cure for her chronic hepatitis C. Drawing from old diary entries, news articles, and her own research, she recounts a 15-year odyssey from her 1999 diagnosis to “wonder drug” treatment in 2014. It’s a narrative of madcap adventures through alternative treatments, extreme sports, and personal crises. Funny and poignant, it’s also an accessible treatise on hepatitis C, its causes, symptoms, treatments – and the threat it still poses to millions of people worldwide. A must-read for those with chronic illness (of any type), clinicians, and lovers of memoir.

The book is already earning praise from clinicians and other professionals who call “Above the Din” a “breathtaking achievement.” Dean Raffelli, D.C., DO, says the book is a “unique combination of memoir, diary, advice column, textbook, and somehow, a comic novel... should be required reading by both patients and clinicians. Author Barbara Verkuilen, MS, says, “Laskie offers the reader a ring-side seat through the long years of her eventual triumph over Hepatitis C. Her record portrays the full spectrum of human experience - physical, emotional, spiritual - with extraordinary honesty, courage and indomitability of spirit and will. Perhaps her greatest attribute is an unabating sense of humor. . . Whether or not we are confronting an illness, we all face times when our best resource may be learning to fly ‘above the din.’ Laskie serves as an exceptional guide.”

This is exactly what Laskie hoped for when she wrote this book. “It’s so fulfilling to know that this book is not only helping others confronted with a hepC diagnosis but other chronic diseases and life challenges—providing helpful guidance, keeping spirits lifted, and flying ‘above the din’ of worry.”

Laskie is an admitted Jill-of-all-trades. She has earned her living as a professional singer and songwriter, postal worker, human resource specialist, graphic artist, photographer, street artist, administrative assistant, personal assistant, bookkeeper, dog walker, and café barista. To name a few. She is relieved to be retired from all of it now and lives with her husband in Chicago. *Above the Din* is her first book. Laskie did extensive research on the disease that almost claimed her – its causes, symptoms, treatments, and financial repercussions. Humor, illustrations, and personal anecdotes aside, if she was pursuing an advanced degree in hepC, “Above the Din” would be her thesis on the subject.

“Above the Din” can be purchased on Amazon in paperback or ebook or directly from the publisher, HenschelHAUS Publishing. To learn more about Laskie and “Above the Din” go to <https://abovethedinbook.com/>.